

May 2025



 Welcome, Spring has definitely arrived! Its lovely to see the blossom and greenery all around us.

This month we have an outing to Market Harborough on 7th May, we're hoping for good weather as we wander around Welland Park, visit the shops, or tackle a circular walk up the hill to the Canal Basin and back to town.

Caroline & Colin are looking forward to seeing those of you booked for Lunch Club on 13th May at the Red Lion, Hunningham.

On the evening of 21st May we go to see The 39 Steps at the Priory Theatre, Kenilworth.

Our Plant Sale is 24th May, see pages 16 & 17 for further details. We're going to have a 'pot plant' tombola for the first time! These sales events are key fund-raisers for the Association, we thank you in advance for your support.

Of course there are other regular activities for you to join in with, such as Day Club, Bingo, Snack & Chat, Exercise Class and Singing for Seniors. Read on for the details on those & see diary on page 30.

The Crafting Corner, in conjunction with Snack & Chat, is a new activity which we hope many of you will want to join in with (page 21).

In June we have the outing to Severn Valley Railway, a Bingo Evening, and another Talisman Theatre visit (this time an Agatha Christie murder mystery).

Dates to book for:

Snack & Chat on 29th May (page 20) Lunch Club on 10th June (page 22) Bingo Evening 12th June (page 23) Talisman Theatre visit 25th June (page 25) Shuttleworth Outing 2nd July (page 27)

Booking for Events

Please note, for events held at the $\underline{\textsc{Village Hall}}$, booking is not open until 5th of the month.

For any event that is over-subscribed we manage a waiting list, because we regularly get cancellations due to ill health or change of circumstances.



We send our warmest congratulations to Freda & Brian Clarke who have celebrated their Platinum 70th Wedding Anniversary They married in Burton upon Trent on 2nd April 1955, having met in Nuneaton whilst Brian was doing his National Service with the Fleet Air Arm

> They celebrated their Anniversary with family at the Charlecote Pheasant Hotel



Walking Group

As reported in the April Acorn News, the Walking Group is not as popular as it once was, so we're going back to doing one walk a month. The next walk is on Tuesday 6th May: a 6 mile circular walk starting in Southam, heading across country to Bascote then following the canal through Long Itchington before going around the Stockton Reservoir to Stockton itself and back to Southam. Total walking time is likely to be 2.5 to 3 hours so probably Grade B+. There is a free car park in Wood Street. Please let Colin or Liz know if you'd like to join this walk (email or phone).

If you have news / photos to share or articles of interest, contact Liz Young (see details on page 31). Please let us have your contribution by the 14th of the month.

Acorn News contains advertisements of products and services that are provided by third parties, which helps to fund Cubbington Seniors Association printing costs. The inclusion of such products and services does not constitute a recommendation or endorsement, and the Association makes no representations or warranties about them.

Acorn500 Monthly cash-draw	Lotte	ry			
Each ticket is £1 per mo	Each ticket is £1 per month				
This is a key fundraiser for our Association					
You can join or buy extra numbers at any time of the year 35 tickets are available, each member can have up to 5 Contact our Promoter Colin Marrow					
Winners April 2025	Prize	£	Number		
winners April 2025		£100	204		
Draw took place at	2	£63	432		
Day Club on 16th April	3	£45	292		
	4	£31	326		
Acorn500 operates under the Gambling Act 2005	5	£22	487		
· · · · · · · · · · · · · · · · · · ·	6	£18	381		



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RNLI QUIZ Friday 9th May 7:30pm at Cubbington Sports & Social Club

Teams of four, £10 per team OR come along and make-up a team on the night !!

To JOIN US for a fun evening, contact Chris Daly E: christine.daly@ntlworld.com T: 01926 772599



A familiar view?



Lillington Health Hub Community - OPEN DAY 10th May

A day of celebrations is to be held to mark the official opening of the Lillington Health Hub The partners behind the project are hosting a special Open Day giving members of the local community the opportunity to meet the teams and find out more about the extensive range of services and activities available.

Join us for free food & drink, art and nature activities and specialist talks. SEE NEXT PAGE for details



Lillington Health Hub & Our Lady's Roman Catholic Church, 170 Valley Road, CV32 7SJ

Lillington Health Hub Community

Saturday 10 May 11am to 3pm

- Celebrate our official opening
- Fun free activities for all ages
- Meet local health and wellbeing teams

- Free refreshments (first come first served basis)
- Small petting zoo with animals from The Good Day Farm
- Therapy Dogs
- Rowing machine challenge
- Bike zone Cycle skills area (use our bikes to test your skills) Bike maintenance tent* Low-cost bikes for sale
- Art activities

VFT Clinical

vices Ltd

- Sunflower planting
- Fun with nature
- Physical health taster sessions & mental health talks*









South Warwickshire University NHS Foundation Trust



Mick Hurrell is a local trainer specialising in over-60s fitness Come and try our Gentle Exercise Class A wide ranging programme of seated & standing exercises, safe and suitable for all. These classes often have spaces available, why not come and join us ?



£1 per member per 1 hour session

May 2025 Classes

Thursday	15th	Doors open 10:45am (Class 11am)
Thursday	22nd	Doors open 10:45am (Class 11am)
Wednesday	28th	Doors open 11am (Class 11:15am)

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Foot Health Professional

Elizabeth P. Brash, MCFHP, MAFHP

Would be pleased to visit you in your own home Please telephone for an Appointment

Tel: 01926 424955 Mobile: 07916 326267

11 School Lane, Radford Semele, Leamington Spa, CV31 1TQ





Respite Stays at Cubbington Mill Care Home

If you're caring for someone, a short stay could provide the rest and relaxation that you need. They will receive high-quality care whilst enjoying new experiences amongst friends. Respite stays can be booked in advance. Please contact us for more information. **Cubbington Mill Care Home** Church Lane, Cubbington, CV32 7JT **Tel: 01926 430351 www. barchester.com Residential Care Nursing Care Respite Breaks**

Singing Seniors

Wednesday 14th May

Cubbington Sports & Social Club, Windmill Hill CV32 7LN Members only (£1 entrance fee)

Doors Open 9:45am Singing 10:00am followed by tea / coffee

We have a lot of fun, why not join us?

This group, led by singing teacher Claire Fowler, enables us to sing in an enjoyable way. Claire encourages us by starting with vocal games which are great fun, and get everyone laughing and warmed up.

Singing is not just good for breathing, posture and keeping the voice strong it's been proven to encourage the body to release positive endorphins which reduce anxiety and promote feelings of well-being.



No prior experience is necessary and ALL voices are welcome.

Cubbington

Cubbington Jigsaw Club have donated jigsaws you can borrow.

We have an excellent selection, from 250 up to 1,500 piece puzzles.

If you know anyone who would like to join our free club please contact us:

Colin Marrow 07860 667669 colin.marrow@ntlworld.com Ann Kinzett 07759 934052 annjigsaws@gmail.com

Donations for our Plant Sale

POT PLANTS FOR THE TOMBOLA Donations of Pot Plants for the Tombola would be welcomed by Ann from 15th May

PLANTS

Donations of Plants would be much appreciated between 12 noon and 1pm on 24th May If you cannot deliver between these times please contact Colin or Caroline by 18th May to arrange a collection:

SECOND HAND GARDENING EQUIPMENT

If you have any serviceable gardening equipment or DIY tools to donate please contact us to arrange a collection or delivery by 18th May



CAKE DONATIONS

Donations of cakes would be very welcome Please take these to the Village Hall from 12 noon on the day, OR deliver to a committee member the day before

RAFFLE PRIZES

If you have a raffle prize to donate, please give it to any Committee member, thank you!

Please support the Association and encourage

your friends and family to come along



PLANT SALE

Cubbington Village Hall Broadway,Cubbington CV32 7JR

SATURDAY 24th MAY

2.00 PM - 4.00 PM ADMISSION £1.00 includes Tea or Coffee and Biscuits

Pot Plant Tombola with Indoor & Outdoor Plants

Great selection of Plants and Cacti, Plant Pots



Second-hand Gardening & DIY tools and equipment

Jigsaws and Cakes Handcrafted Goods



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Find us on Facebook for a list of weekly entertainment Membership Only £10.00 a year

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3rd	Мау	The Icebreakers
10th	Мау	Lemon Twist
17th	Мау	8 Foot Under
24th	Мау	Rooters Rooters

Day Club

at Cubbington Village Hall Members only (free of charge event) Raffle & Refreshments

Wednesday 21st May

Doors open at 2pm

An entertaining talk from Paul Taberner

Paul will be talking about the job of "Head of Warwickshire Police Scenes of Crime Office" (now called the Forensic Investigation Unit)



You will hear about clever and silly criminals.

The real job is nothing like you can watch on the Telly!

Snack & Chat

at Cubbington Village Hall Members only (free of charge event) Raffle & Refreshments

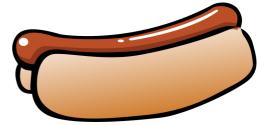
Thursday 29th May

Doors open at 12:30pm

Please book your place with Chris Daly FROM 5th May by phone / email Places are limited so don't leave your booking too late!

If 5 or 6 friends wish to sit together, ask Chris to reserve a table for your group

Sausage & Onions in a Roll



Crafting Corner 2pm - 4pm (see next page)



After lunch, there will be a selection of board games and activities for us to enjoy for the rest of the afternoon, as well as time for chatting!



facebook.com/groups/cubbingtonseniorsassociation

It's where you can catch up with local events and our latest news

Lunch Club

Tuesday 10th June at 12 noon



The Bowling Green, Coventry Street, Southam CV47 0EP

> Two course menu choice of mains & desserts

£14.95 per person

Lunch Club is open to all members BOOK NOW: by calling Colin or Caroline OR Sending an email to bookings@cubbingtonseniors.org If you need a lift, please ask when booking

Once you're booked you'll be given a menu to choose from, then you pay Colin so he can pre-order the meals Enjoy the company of other members .. with NO washing up!

Saturday Bingo

Cubbington Village Hall 3rd, 17th & 31st May Doors Open 2pm

members & non-members welcome

Book of 6 Games with 2 Flyers £5

Raffle with Cash Prizes

Refreshments



PRIZE BINGO Evening

Thursday 12th June

at Cubbington Village Hall

Book of 6 Games with 2 Flyers

£3 Entrance Fee



Members only, doors open 6pm

Evening includes a Fish'n'Chip supper (at no charge)

Bring your own drinks & glasses

Please book your place with Chris Daly FROM 5th May by phone / email

Places are limited so don't leave your booking too late!

Tables of SIX can be reserved, if friends wish to sit together Ask Chris to reserve a table for your group at the time of booking



NB: this is a Bingo evening, for members to play bingo and enjoy a Fish'n'Chip supper. Please don't book unless you want to play bingo, because it will be disruptive for the players if others are talking during the games.

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67 Kelvin Road, Cubbington, CV32 7TG Open 7 days a week 6am to 7pm - Phone 01926 422620



The Mirror Crack'd

Talisman Theatre, Barrow Road Kenilworth CV8 1EG Wednesday 25th June 2025

Curtain Up 7:30pm Unravel the mystery in this fast-paced whodunnit

Written in 2023 by acclaimed West End playwright Rachel Wagstaff, the play captures the murderous events that take place at Gossington Hall, home of famous Hollywood darling, Marina Gregg. After a party thrown by the star to celebrate her recent purchase of the manor house, local residents are shocked to find that murder has come to their beloved sleepy village. Determined to discover the truth, Miss Marple sets her cap to find out what happened and why.

Join us for this gripping tale that explores the power of memories and how people are shaped by them

Tickets: Member £12 / Guest of member £14.50

BOOK by 21st May — website, email or paper (see below) List all names in your group if you want to sit together Seat(s) will be reserved once payment received

Booking Form 'The Mirror Crack'd on 25th June 2025

Book via the website 'cubbingtonseniors.org' (members page), OR send an email with key details to: **bookings@cubbingtonseniors.org** OR return this slip in an envelope marked **The Mirror Crack'd** to

2 Kenilworth Road, Cubbington CV32 7TR

I'd like to book _____ tickets for:

(1)		(2)
(3)		(4)
Do you need a lift? [Do you	<pre>n have any spare seat(s)?</pre>
		Amount enclosed £

.

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Cubbington Seniors Association is a registered charity run entirely by Volunteers. Our focus is to promote the welfare and quality of Seniors' lives through the provision of a range of social and recreational activities and outings for our members.

Membership is open to anyone aged 60 and above living in the villages of Cubbington, Offchurch, Weston-under-Wetherley, Eathorpe, Hunningham and Wappenbury. A younger spouse or partner, living at the same address, is also very welcome to join.

Want to join us?

If you'd like more information about joining as a member or volunteer please contact one of the committee (see page 31) or visit our website

www.cubbingtonseniors.org



Shuttleworth Collection & Swiss Garden Biggleswade, Bedfordshire Wednesday 2nd July 2025

One of the finest aircraft collections in the world plus beautiful 9 Acre Regency Garden All on one site, admission covers both

There are six hangars of aircraft and vintage vehicles from the earliest biplane to the Spitfire to explore, and an engineering workshop. Gardens were created in the early 1800s <u>Please note travel time to Shuttleworth is 1hr 45m</u>

Cost per member £12.50

There is also an option of a 1.5 hour guided tour, either of the collection or gardens, at £10 per person





See website for details https://www.shuttleworth.org/

BOOK: 'Shuttleworth' on Wednesday 2nd July 2025

You can book through the website 'cubbingtonseniors.org' (Members page) OR send an email with key details to: **bookings@cubbingtonseniors.org**

OR return this slip in an envelope marked 'Shuttleworth' to

2 Kenilworth Road, Cubbington CV32 7TR

No. Seats	Optional To	our: Aircra	aft	Garden	
(1)	(2)				
(3)	(4)				
Bank Transfer £	or A	Amount end	losed £		
			• • • • • • • • • •		



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2025 Diary NB: events may be added or dates may change, please check each edition of Acorn News. Times shown are 'Doors Open' rather than 'Start Time' of any event at Village Hall or Sports & Social Club.



May

May	3rd	2:00pm	Saturday	Bingo
May	6th	10:00am	Tuesday	Walking Group
May	7th	9:20am	Wednesday	Outing - Market Harborough
May	13th	12 noon	Tuesday	Lunch Club
May	14th	9:45am	Wednesday	Singing Seniors
May	15th	10:45am	Thursday	Exercise Class
May	17th	2:00pm	Saturday	Bingo
May	21st	2:00pm	Wednesday	Day Club
May	21st	7:00pm	Wednesday	Theatre (curtain up 7:30pm)
May	22nd	10:45am	Thursday	Exercise Class
May	24th	2:00pm	Saturday	Plant Sale
May	28th	11:00am	Wednesday	Exercise Class
May	29th	12:30pm	Thursday	Snack & Chat
May	31st	2:00pm	Saturday	Bingo
June				
June	4th	8:20am	Wednesday	Outing - Severn Valley Railway
June	5th	10:45am	Thursday	Exercise Class
June	10th	12 noon	Tuesday	Lunch Club
June	11th	9:45am	Wednesday	Singing Seniors
June	12th	10:45am	Thursday	Exercise Class
June	12th	6:00pm	Thursday	Bingo Evening incl. F&C supper
June	18th	2:00pm	Wednesday	Day Club
June	19th	10:45am	Thursday	Exercise Class
June	20th	10:00am	Friday	Walking Group
June	21st	2:00pm	Saturday	Bingo
June	25th	11:00am	Wednesday	Exercise Class
June	25th	7:00pm	Wednesday	Theatre (curtain up 7:30pm)
June	26th	12:30pm	Thursday	Snack & Chat

Committee Contacts

Chair	Liz Young	chair@cubbingtonseniors.org	07857 416215
Vice Chair	Jane Tietjen	vice.chair@cubbingtonseniors.org	07906 543847
Secretary	Frances Finch	secretary@cubbingtonseniors.org	07854 483975
Treasurer	Colin Marrow	treasurer@cubbingtonseniors.org	07860 667669
	Caroline Marrow	caroline.m@cubbingtonseniors.org	01926 831692
Sub- Committee	Ann Kinzett	ann.k@cubbingtonseniors.org	01926 714577 07759 934052
Sub- Committee	Chris Daly	christine.daly@ntlworld.com	01926 772599

www.cubbingtonseniors.org

POSTAL ADDRESS — booking forms, donations, correspondence, etc 2 Kenilworth Road, Cubbington, Leamington Spa CV32 7TR

Please let us know if you need a lift to any event, or if you have any spare seats and are able to give someone else a lift

BANK INFORMATION

Cheque:	payable to Cubbington Seniors Association
Bank Transfer:	
Bank Name	NatWest
Account Name	Cubbington Seniors Association
Sort Code	53 61 31
Account Number	65208455
Reference	event/activity you are paying for
	, , , , 0 -

Cubbington Seniors Association

Incorporating Offchurch, Weston-under-Wetherley, Eathorpe, Hunningham, Wappenbury

Charity Number: 516878

President: Terry Morgan **Vice-Presidents**: Maggie Guest, Marion Lee, Jeremy Lewitt



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