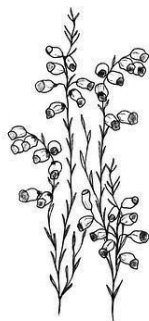


September 2025



*erica*

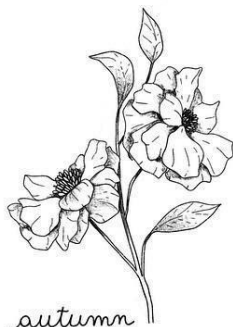


*Zinnia*



*sternbergia*

*september*



*autumn  
camellia*



*hyacinthus*



*hydrangea*

**Welcome**, September reminds us of fresh starts ... it is that time of year when we say goodbye to Summer and welcome to Autumn.

This month we have a coach outing on 3rd September to the Avoncroft Museum of Historic Buildings, there is Skittles on 13th, and two theatre trips: Priory Theatre (Our Day Out) on 10th September and Talisman Theatre (Emma—Jane Austen) on 30th September .

There are also regular activities for you to join in with, such as Day Club, Bingo, Exercise Class and Singing for Seniors. Read on for details!

On page 13 see a poster for 'Musical Memories' which one of our members has recommended as a regular event ... you might see them there!

### **Dates to book for:**

Skittles Evening on 13th September (page 5) .. few places / waiting list

Quiz Evening on 2nd October (page 18) .. booking from 5th September

Lunch Club on 14th October (page 21)

The Revival at Priory Theatre on 29th October (page 23)

### **Caroline standing down as Trustee**

Following hip surgery, Caroline is standing down as a Trustee, however she will continue to volunteer for us. On behalf of the Association, we thank her for her dedication and key contributions over the years as a Trustee, helping to build a successful organisation which is appreciated by many members.

### **Raffle Prizes**

We are running short of good quality raffle prizes, if you have any you could donate please contact one of the committee or bring along to an event.

### **Event Management**

For events held at the Village Hall , booking is not open until 5th of the month. For Outings, Lunch Club and Theatre trips you can book straight away.

NB: many events are initially oversubscribed so we maintain waiting lists. Whilst we are not able to guarantee a place, it is likely that nearer the date we would be able to offer you one as we regularly get cancellations due to ill health / change of circumstances. Refunds are not guaranteed, however we endeavour to take individual circumstances into account.



**We are pleased to announce that  
Cubbington Seniors Association received  
a 5-star rating at Cubbington Village Hall  
Well done to everyone involved!**

As we regularly prepare and serve food at the Village Hall, we have registered with WDC Environmental Health and completed the "Safer Food, Better Business" pack. Over the Summer, the subcommittee and regular kitchen volunteers have been working towards ensuring we comply with the regulations, including 2 members who now a Level 2 Basic Training Certificate in Catering.  
At Snack & Chat on July 24th, Anne Jones, Senior Food Safety Officer from Warwick District Council visited us and we subsequently received a Food Hygiene Rating of 5.

### **Sunday Tea at Wren Hall, School Lane, Wroxall CV35 7NF**

Every Sunday from end March until end October, between 2pm and 5pm, Wren Village Hall host a **'Sunday Tea'** for just **£5** - no booking is needed! Each week, a team of volunteers from a variety of charities run the event as a fundraiser.

Cakes / scones are home baked.

Wren Hall has a lovely atmosphere and there are also outside tables in a large green space.

### **Everyone is welcome**

### **Why not go with a group of friends or family?**

The event on **5th October** is raising funds for **Cancer Research UK**, Liz will be there as one of the organisers.



*If you have news / photos to share or articles of interest, contact Liz Young (see details on page 27). Please let us have your contribution by the 14th of the month.*

**Acorn News** contains advertisements of products and services that are provided by third parties, which helps to fund Cubbington Seniors Association printing costs. The inclusion of such products and services does not constitute a recommendation or endorsement, and the Association makes no representations or warranties about them.

## Benevolent Fund

As noted in the AGM Papers 2025, we have created a Benevolent Fund using donations from local businesses, supporters and members. This can be used to help individual members at difficult times, for example, towards costs of Association outings or transport to hospital.

Please speak to any committee member in confidence if you have an individual need for this support.

The committee will then discuss, review and respond.

## Comptons Garage—half price MOTs

We noticed that the advertisement for Comptons Garage didn't include the note to bring a copy of it along to benefit from the HALF PRICE MOT offer.

It's a great offer, so don't forget to cut out the advert (see below) and use it as a voucher when you book / pay for your MOT.



# CGS

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(Subject to distance & availability)



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**77 Rugby Rd, Cubbington, Leamington Spa CV32 7HY**

# Skittles Evening

at Cubbington Village Hall

Members only (free of charge event)

***Ploughman's Supper and Raffle***

***Bring your own drinks & glasses***

**Saturday 13th September**

**Doors open at 6pm**



*Priority will be given  
to members  
wanting to play  
skittles*



***It's not too late to book***

***There are a few spaces available and a waiting  
list will operate, because nearer the date we  
regularly get cancellations due to  
ill health / change of circumstances***

*If 5 or 6 friends wish to sit together,  
ask Ann to reserve a table for your group*

***If you have a food allergy or food intolerance,  
please let us know when booking***



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[www.andrewleedentistry.co.uk](http://www.andrewleedentistry.co.uk)

# **Acorn500** Monthly cash-draw Lottery

## **Feeling lucky?**

**A new ticket costs only £1 per month  
so joining Acorn500 now  
will only cost you £4 till December!**

**This is a key fundraiser for our Association**

**You can join or buy extra numbers at any time of the year  
35 tickets are available, each member can have up to 5**

Contact our Promoter Colin Marrow

## **Winners August 2025**

Draw took place at  
Day Club on 20th August

Prize	£	Number
1	£100	443
2	£63	412
3	£45	358
4	£31	171
5	£22	435
6	£18	344

*Acorn500 operates under the Gambling Act 2005*

## **Membership Records**

We are doing a refresh of our member records in the Autumn, to ensure we hold accurate information for our active membership base and to ensure compliance with GDPR for personal data.

Members who participate in events & activities will receive either a hand delivered letter or an email, to confirm their details e.g., phone numbers / email address / emergency contact details. If you have not received a letter by 30th September but would still like to be a member, please contact Liz Young / 'chair@cubbingtenseniors.org' for a renewal form.



# Leamington Spa & Kenilworth Memory Café



Run by Unique Senior Care, the café offers a relaxed space for people with memory loss and their Caregivers.



## What's on?

- Activities like painting and music
- Friendly faces who understand and relate
- Trusted advice from dementia experts

## When and where?

- **Every Tuesday**, 10.00am – 12.00pm
- Cubbington Village Hall, Broadway CV32 7JR
- £3 per person, including refreshments

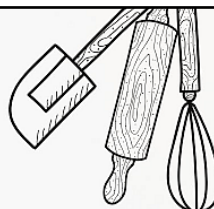
For information or to volunteer, contact Pippa at [pippa.chapman@uniquecare.co.uk](mailto:pippa.chapman@uniquecare.co.uk)



## Hollies

Tea and Cake Room

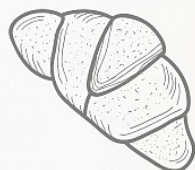
53a Queen Street, Cubbington, CV32 7NB



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We also offer outside catering and bespoke cakes with a range of options for parties, weddings, wakes or to suit any occasion.

All of our menu is available to eat in or takeaway. If you would like to pre order please give us a call. All enquiries please either call 01926 257575 or email [holliesteaandcakeroom@gmail.com](mailto:holliesteaandcakeroom@gmail.com)



Follow us on  
facebook or  
instagram for  
specials and  
updates!

Opening Times -  
Monday - Closed  
Tuesday - 9am - 2.30pm  
Wednesday 9am - 2.30pm  
Thursday 9am - 2.30pm  
Friday - 9am - 4pm  
Saturday - 9.30am - 2.30pm  
Sunday - 9.30am - 2pm

Homemade  
Cakes,  
Quiches  
and  
Scones!







Mick Hurrell is a local trainer specialising in over-60s fitness

## Come and try our Gentle Exercise Class



A wide ranging programme of  
seated & standing  
exercises, safe and suitable for all

*£1 per member per 1 hour session*

Mick will be having a well earned holiday  
in September, so we have only 2 sessions

## September 2025 Classes

Thursday 18th Doors open 10:45am (Class 11am)

Wednesday 24th Doors open 11am (Class 11:15am)

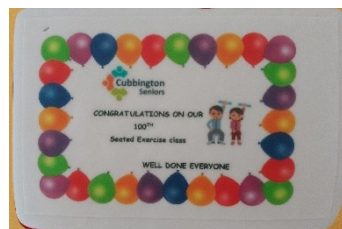
Maximum 30 per class,  
although we often have  
spaces available

**Come and join us!**



# **On 14th August, we held our 100th Seated Exercise Class since starting in April 2023**

**We marked this milestone by  
enjoying a well-deserved slice of  
cake ... you can see from this picture  
what a special cake it was for us!**



**Gill Betts who has attended 86 classes, cut the first slice of cake, and was presented with a box of assorted Chocolate Biscuits**

**We thanked Mick for motivating us each week and for making each class fun to participate in. We presented Mick with a bottle of wine to celebrate his success!**

**We look forward to the 200th class!**



**LOCKE & ENGLAND**

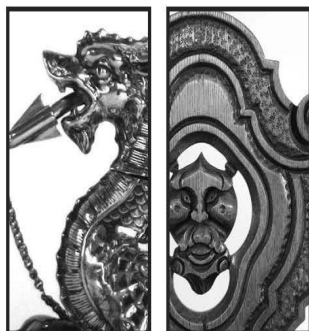
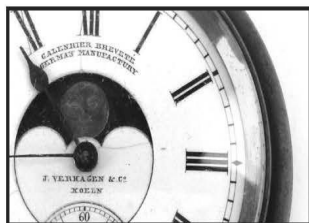
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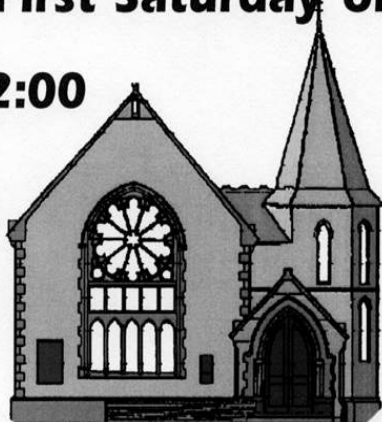
**12 Guy Street, Leamington Spa, CV32 4RT**

## **Cubbington Methodist Church**

**Worship: Every Sunday at 10:30am**

**Coffee Morning: On the First Saturday of  
every month 10:30am - 12:00**

**Why not come along and  
make new friends? We'd  
love to welcome you!**



# Samuel's Garden Maintenance

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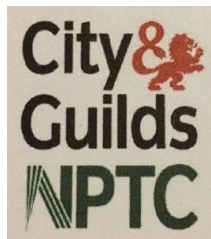
[www.samuelsgardenmaintenance.com](http://www.samuelsgardenmaintenance.com)

or call

**Tel: 07713 978056**

please leave a message  
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# MUSICAL MEMORIES

**These sessions are particularly valuable to those affected by memory issues, including family and friends. Everyone is welcome.**

Featuring local musicians & music from the 60s, 70s, and 80s.

Enjoy live music and meet new people in a relaxed setting.

Refreshments provided - free to attend. Donations are welcomed.

---

**First Friday of every month, 2pm - 3.30pm.**

**Age UK Coventry & Warwickshire,  
8 Clemens St, Leamington Spa,  
CV31 2DL.**

**Further Information:**

02476 231999





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**[enquiries@rheams.co.uk](mailto:enquiries@rheams.co.uk)**



***Singing Seniors*** is all about the joy of singing together and having fun — you don't need to be a good singer to benefit, singing improves our wellbeing

**No prior experience is necessary  
Every voice is welcome**



***Why not come and join us?***

***Wednesday 10th September***

**Cubbington Sports & Social Club, Windmill Hill CV32 7LN**

***Members only (£1 entrance fee)***

**Doors Open 9:45am Singing 10:00am**

***followed by tea / coffee from 11:00am***



# Day Club

at Cubbington Village Hall  
Members only (free of charge event)

## *Raffle & Refreshments*

**Wednesday 17th September**

**Doors open at 2pm**



***Ian from Warwickshire Lavender Farm  
will join us to share insights about the  
lavender field, talk about the different  
varieties of the lavenders they grow, and  
why they grow different varieties***

***About the bees, what is  
Hydrosol?  
How is lavender essential  
oil produced?  
And much more.....***

***Product Purchases***  
*There will be an opportunity  
to purchase products,  
with both cash and card  
payments accepted*



# ***Snack & Chat***

**at Cubbington Village Hall**

**Members only (free of charge event)**

***Raffle & Refreshments***

**Thursday 25th September**

**Doors open at 12:30pm**

**Please book your place with Ann**

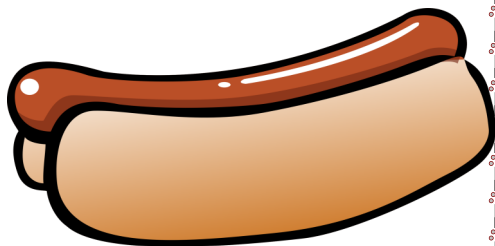
**FROM 5th September by phone / email / website**

**If you have a food allergy or food intolerance,  
please let us know when booking**

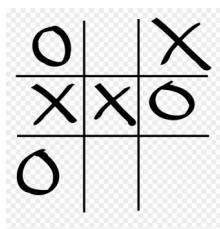
**Places are limited so don't leave your booking too late!**

*If 5 or 6 friends wish to sit together,  
ask Ann to reserve a table for your group*

***This month we'll be having a  
delicious  
Quigley's Sausage with  
onions in a Roll***



***Don't forget Crafting Corner 2pm to 4pm***



*After lunch, there will be a selection of board  
games and activities for us to enjoy for the  
rest of the afternoon, as well as time for  
chatting!*

# Quiz Evening with Fish Supper

at Cubbington Village Hall

Members only (free of charge event)

**Thursday October 2<sup>nd</sup> at 6pm**



**Members are invited to join us for a fun packed  
Quiz and a Raffle**

**Book as a team of six or an individual place and  
join an impromptu team on the night.**

**Bring your own drinks and glasses.**

**If you have a food allergy or food intolerance, please  
let us know when booking**

**Please book your place with Ann FROM 5th September  
by phone/email/website**

**If, for some reason, you need to cancel please  
let us know as soon as you can because  
there is often a waiting list.**

# Practically Perfect Ceremonies

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Want to know more, then please contact me for a chat.

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**[Lesley@practicallyperfectceremonies.co.uk](mailto:Lesley@practicallyperfectceremonies.co.uk)**

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## Lunch Club

**Tuesday 14th October at 12 noon**

**Share a meal  
Enjoy companionship**

**The Bowling Green, Coventry  
Street, Southam CV47 0EP**

**Two course menu  
choice of mains & desserts  
£15.95 per person**

**Pre-order from a set menu**



**To book** call Colin, visit our website, or send an email to  
[bookings@cubbingtenseniors.org](mailto:bookings@cubbingtenseniors.org)

**If you need a lift, please ask when booking**

## Saturday Bingo

**Cubbington Village Hall**

**6th & 20th September**

**Doors Open 2pm**

**members & non-members welcome**

***Book of 6 Games with 2 Flyers £5***

***Raffle with Cash Prizes***

***Refreshments***



# Foot Health Professional

***Elizabeth P. Brash, MCFHP, MAFHP***

Would be pleased to visit you  
in your own home

Please telephone for an Appointment  
**07916 326267**

11 School Lane,  
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## **Respite Stays at Cubbington Mill Care Home**

If you're caring for someone, a short stay could provide the rest and relaxation that you need. They will receive high-quality care whilst enjoying new experiences amongst friends. Respite stays can be booked in advance.

Please contact us for more information.

### **Cubbington Mill Care Home**

Church Lane, Cubbington, CV32 7JT

**Tel: 01926 430351 [www.barchester.com](http://www.barchester.com)**

**Residential Care**

**Nursing Care**

**Respite Breaks**



# The Revival



**Wednesday 29th October**

Priory Theatre, Rosemary Hill,  
Kenilworth CV8 1BN

Curtain Up 7:30pm

## A Chilling Ghost Story

The cast of Lucian O'Keefe's 1946 classic ghost play Scared to Death are gathered and ready for their final dress rehearsal before opening night but all is not going smoothly. Actors are bickering, one of them can't learn their lines, the director is on the edge of a nervous breakdown and to top it all off, the ghostly happenings of the play seem to be encroaching onto the real world. Slowly but surely fear takes hold as tales of the play's curse seem to hold true and the cast find themselves caught up in an all too real, spine-tingling and terrifying ghost story.

**Tickets: Member £10 / Guest of member £13**

**Please BOOK and PAY no later than 18th September**

*List all names in your group if you want to sit together &  
let us know if you need a lift or can offer a lift to other(s)*

### **BOOK: 'The Revival' on Wednesday 29th October 2025**

You can book through the website 'cubbingtonseniors.org' (Members page)

OR send an email with key details to: **bookings@cubbingtonseniors.org**

OR return this slip in an envelope marked 'The Revival' to

2 Kenilworth Road, Cubbington CV32 7TR

**I'd like to book \_\_\_\_\_ tickets for:**

(1) .....(2).....

(3) .....(4).....

Do you need a lift? ..... Do you have any spare seats? .....

Bank Transfer £..... or Amount enclosed £.....

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**For a free quote call:**

**07786 304124**

## Cubbington Sports & Social Club

**Windmill Hill, Cubbington 01926 426741**

***Membership £10 a year***

***Guests welcome, £2 entry fee on band nights***

Bingo every other Friday

Live entertainment every Saturday

Darts, Snooker, Crochet Club, Slimming World

Family events & Member nights

***Come & Join Us !***

**6th September - Led By Misfortune**

**13th September - Junction 77**

**20th September - Rooters**

**27th September - Klasside**

**PLUMBER**  
and  
**HANDYMAN**

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***Enjoy Life - Have Fun - Stay Active***

**Cublington Seniors Association** is a registered charity run entirely by Volunteers. Our focus is to promote the welfare and quality of Seniors' lives through the provision of a range of social and recreational activities and outings for our members.

Membership is open to anyone aged 60 and above living in the villages of Cublington, Offchurch, Weston-under-Wetherley, Eathorpe, Hunningham and Wappenbury. A younger spouse or partner, living at the same address, is also very welcome to join.

**Want to join us?**

If you'd like more information about joining as a member or volunteer please contact one of the committee (see page 27) or visit our website

**[www.cublingtonseniors.org](http://www.cublingtonseniors.org)**



**2025 Diary** NB: events may be added or dates may change, please check each edition of Acorn News.  
Times shown are 'Doors Open' rather than 'Start Time' of any event at Village Hall or Sports & Social Club.



## September

September	3rd	9:25am	Wednesday	Outing - Avoncroft Museum
September	6th	2:00pm	Saturday	Bingo
September	9th	12 noon	Tuesday	Lunch Club
September	10th	9:45am	Wednesday	Singing Seniors
September	10th	7:00pm	Wednesday	Theatre (curtain up 7:30pm)
September	13th	6:00pm	Saturday	Skittles Evening
September	17th	2:00pm	Wednesday	Day Club
September	18th	10:45am	Thursday	Exercise Class
September	20th	2:00pm	Saturday	Bingo
September	24th	11:00am	Wednesday	Exercise Class
September	25th	12:30pm	Thursday	Snack & Chat
September	30th	7:00pm	Tuesday	Theatre (curtain up 7:30pm)

## October

October	2nd	10:45am	Thursday	Exercise Class
October	2nd	6:00pm	Thursday	Quiz Evening
October	4th	2:00pm	Saturday	Bingo
October	8th	9:45am	Wednesday	Singing Seniors
October	9th	10:45am	Thursday	Exercise Class
October	14th	12 noon	Tuesday	Lunch Club
October	15th	12 noon	Wednesday	Early Start Day Club
October	15th	2:00pm	Wednesday	Day Club
October	16th	10:45am	Thursday	Exercise Class
October	18th	2:00pm	Saturday	Bingo
October	22nd	11:00am	Wednesday	Exercise Class
October	23rd	12:30pm	Thursday	Snack & Chat
October	29th	7:00pm	Wednesday	Theatre (curtain up 7:30pm)
October	30th	10:45am	Thursday	Exercise Class

# Committee Contacts

Chair	Liz Young	chair@cubbingt seniors.org	07857 416215
Vice Chair	Jane Tietjen	vice.chair@cubbingt seniors.org	07906 543847
Secretary	Frances Finch	secretary@cubbingt seniors.org	07854 483975
Treasurer	Colin Marrow	treasurer@cubbingt seniors.org	07860 667669
	Ann Kinzett	ann.k@cubbingt seniors.org	01926 714577 07759 934052
Sub-Committee	Chris Daly	christine.daly@ntlworld.com	01926 772599

**[www.cubbingt seniors.org](http://www.cubbingt seniors.org)**

**POSTAL ADDRESS — booking forms, donations, correspondence, etc**  
**2 Kenilworth Road, Cubbington, Leamington Spa CV32 7TR**

**Please let us know if you need a lift to any event, or if you have any spare seats and are able to give someone else a lift**

## BANK INFORMATION

**Cheque:** payable to Cubbington Seniors Association  
**Bank Transfer:**  
Bank Name NatWest  
Account Name Cubbington Seniors Association  
Sort Code 53 61 31  
Account Number 65208455  
Reference event/activity you are paying for

## Cubbington Seniors Association

Incorporating Offchurch, Weston-under-Wetherley, Eathorpe, Hunningham, Wappenbury

**Charity Number:** 516878

**President:** Terry Morgan

**Vice-Presidents:** Maggie Guest, Marion Lee, Jeremy Lewitt

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